



Network for  
Practices Ltd

[www.networkforpractices.co.uk](http://www.networkforpractices.co.uk)

## Trainer Information

**Hanna Smith** RGN Independent Nurse Prescriber, DFSRH, PGCert (MMed). Faculty Registered Trainer

Hanna is a Senior Nurse Practitioner and Practice Nurse Manager with experience in Dermatology, District Nursing and Primary Care settings. Hanna has a special interest in Family Planning, Women's Health and Diabetes and has successfully trained both registered and non-registered staff within a primary setting. Hanna has particular interest in the development and progression of HCA's and nurses, ensuring they feel motivated and enthused to provide the best, evidence-based care to their patients.

### To book a place/s email

[bookings@networkforpractices.co.uk](mailto:bookings@networkforpractices.co.uk)

*Our acceptance of your booking brings into existence a legally binding contract between us on the following Terms & Conditions - If places are booked but cancelled before payment has been made or a candidate DNAs, the fee will remain due. Cancellations will attract a refund if the course is subsequently fully booked. To avoid any confusion, we ask that Cancellations are by email only. We will make every effort to resell the cancelled place. Where places are free a £45 charge will be applied to cancellations/DNAs. Payment is required within 30 days from date of invoice.*

# An Introduction to Contraception (2 days)

Accredited by CPD UK through BBO Training

**Date & Times:** 12<sup>th</sup> & 19<sup>th</sup> March 2025  
**Times:** 0930-1600 (both days)  
**Venue:** Zoom Online Platform  
**Places available:** 12  
**Fee/s:** NfP Members £205 / Non-Members £250

**This workshop is suitable for: Nurses and other suitable Health Care Professionals.**

## Introduction

A 2-day introductory online course for Practice Nurses new to the area of contraception and family planning. Covering all contraceptive options offered within General Practice; enabling HCP's to perform simple 'pill checks', 'Depo injections' and signpost for Long Acting Reversible Contraception (LARC). Understanding of LARCS and EC is essential and these days fit well with the RCOG guidelines for practice nurse level 1 competencies in this area.

## Day 1

- Introduction and assessment of needs
- Understanding hormones
- What is UKMEC and its role in delivery?
- Combined Hormonal Contraception - the rules – contraindications.
- POP – the rules – contraindications
- Depo – the rules – contraindications
- Case Studies re: CHC/Depo and POP

## Day 2

- Emergency contraception – an overview
- Asymptomatic STI Screening
- LARC (Nexplanon and IUC) – an overview
- Case studies and bringing it all together.
- Evaluations and close

This session is kindly sponsored by the following:

07/03/2024, 0920-0925 : Virtual Promotional Product Presentation by TBC

*The above companies have sponsored this session by way of a promotional presentation have had no input into the agenda or speaker*

**Registered Office: Frome Medical Centre, Enos Way, Frome, Somerset, BA11 2FH**

Network for Practices Ltd Company No 06435074. - Incorporated at Companies House, Cardiff 22<sup>nd</sup> November 2007