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Trainer Information

Dr Katie Barber graduated from Oxford University in 2002, she started life as a GP in Buckinghamshire and then moved back to her home county, Oxfordshire, in 2008. Katie has been a GP in her current practices since 2008, initially in a salaried role and as a partner since 2013. Katie has had a special interest in all aspects of women's health since medical school and the Diploma of the Royal College of Obstetricians and Gynaecologists during her hospital training, and then the Diploma of the Faculty of Sexual and Reproductive Healthcare shortly after. Katie fits contraceptive implants and intrauterine devices in her GP practice. In 2016 an opportunity arose to work in the Gynaecology department at the John Radcliffe alongside the urogynaecology team (Simon Jackson and Helen Jefferis) and from here Katie met Jan Brockie, the Advanced Nurse Practitioner running the NHS Oxfordshire Menopause Service. Katie trained with Jan to become a menopause specialist between 2018 and 2019 and successfully completed the Advanced Certificate in Menopause Care earlier this year. Jan retired in April 2019 after running the service singlehandedly for many years but handed over to Katie who worked alongside another GP providing new and follow-up specialist menopause consultations to women across Oxfordshire, Berkshire, and Buckinghamshire, and much further afield. Katie was then appointed as Clinical Lead for Community Gynaecology in Oxfordshire from early 2021 where she continues to work both as the Lead and also providing clinical sessions. Katie is a British Menopause Society (BMS) approved Menopause Specialist and Menopause trainer. Katie is involved in education across the Thames Valley, teaching junior doctors, GP trainees and medical students, as well as nurses/GPs/consultants who have a similar passion for understanding the menopause and providing the best care for women with menopausal issues.

In her spare time (!) Katie enjoys time with her husband and two daughters combining this with her love of running and baking.

Menopause Update

Date & Times: 9th June 2025

Times: 0930-1600

Venue: Zoom

Places available: 12

Fee/s: NfP Members £120 / Non-Members £165

This workshop is suitable for: GPs, Nurses and other trained Health Care Professionals with some knowledge of the area.

Learning Outcomes

1. Up to date awareness of evidence and clinical advice about menopausal issues and treatments
2. Demonstrate a critical understanding of key discussion points with patients
3. Discussion of relevant practice problems and their solutions
4. Develop an awareness of how attitudes and values may affect practice
5. An understanding of ongoing development of practice and professional accountability within the menopause field
6. To understand the NICE Guidance

Agenda

- Introduction
- Physiology / diagnosis / principles of treatment
- Risks / benefits, special considerations (POI etc)
- LUNCH
- Practical prescribing and pitfalls
- Vulvo-vaginal symptoms / testosterone
- Case studies / Q+A

This session is kindly sponsored by the following:

0920-0925 : Virtual Promotional Product Presentation by TBC

0925-0930 : Virtual Promotional Product Presentation by TBC

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