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#### **Trainer Information**

Joanne Haws (RN MSc) is a registered nurse who held a variety of roles within the UK NHS before setting up in business as an independent consultant in 2010. Joanne is the Clinical Director of Learn With Nurses, a Community Interest Company providing online clinical education that is accessible to healthcare professionals globally. She is a member of the Nurses and Allied Health Professionals Special Interest Group of The British and Irish Hypertension Society and has authored many publications in the nursing and cardiology press both in the UK and internationally. She sits on the Editorial Board of Practice Nurse Journal and is a regular features contributor. Joanne is a Non-Executive Director of the National Association of Primary Care (NAPC) and is a facilitator on the CARE programme. She has been a Specialist Advisor to the Care Quality Commission since 2014.

# To book a place/s email bookings@networkforpractices .co.uk

Our acceptance of your booking brings into existence a legally binding contract between us on the following Terms & Conditions - If places are booked but cancelled before payment has been made or a candidate DNAs, the fee will remain due. Cancellations will attract a refund if the course is subsequently fully booked. To avoid any confusion, we ask that Cancellations are by email only. We will make every effort to resell the cancelled place. Where places are free a £25 charge will be applied to cancellations/DNAs. Payment is required within 30 days from date of invoice.

## **Coronary Heart Disease Update**

Date: 27<sup>th</sup> September

Times: 0930-1300

Venue: Zoom Online Platform

Places available: 15

Fee/s: NfP Members £55

Non Members £100

This workshop is suitable for: Nurses & similarly registered HCPs.

## **Learning outcomes:**

- ♥ To recognise the burden of cardiovascular disease (CVD)
- To be familiar with the pathophysiology of CHD
- ♥ To be familiar with relevant policy and guidance
- ▼ To recognise the importance of effective annual reviews
- ▼ To be familiar with pharmacological and non-pharmacological management of CHD
- ▼ To recognise the importance of supporting self-management

## Content:

- ♥ The Big Problem: Cardiovascular disease in the UK today
- ▼ Recap on Coronary Heart Disease what's happening in the arteries
- ♥ What do the guidelines say?
- ▼ The Fab Four: Pharmacological management of CHD
- ♥ Does lifestyle really matter?
- ♥ Supporting behaviour change
- ♥ Practicalities of running a CHD clinic
- ♥ Adding value to the annual review