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## Trainer Information

**Shannon Whiting** (RGN DipHE, Level 5 15 CA, GP Practice Tissue Viability Lead, BBO trainer) joined General Practice in 2020 after four years in Private Nursing Care and Seven years in a Community Hospital. Throughout her career she has maintained a keen interest in Wound Care supporting staff as the Tissue Viability Link Nurse. Since working in General Practice, her knowledge and experience have developed and is the Wound Clinics Lead Nurse. Alongside usual PN duties, she mentors HCA's, Student Nursing Associates, and Student Nurses. She has a passion for advocating an equal partnership between Nurse and Patient, with best practice and positivity the priority.

Shannon has a young family and appreciates the space living in the countryside provides. Nothing better than a walk up the hill with her Beagle - for a moment's peace!

## Booking Information

To book a place/s email

[bookings@networkforpractices.co.uk](mailto:bookings@networkforpractices.co.uk)

Our acceptance of your booking brings into existence a legally binding contract between us on the following **Terms & Conditions** - If places are booked but cancelled before payment has been made or a candidate DNAs, the fee will remain due. Cancellations will attract a refund if the course is subsequently fully booked. To avoid any confusion, we ask that **Cancellations are by email only**. We will make every effort to resell the cancelled place. Where places are free a £25 charge will be applied to cancellations/DNAs. Payment is required within 30 days from date of invoice.

# Simple Wound Management & Suture Clip Removal

<b>Date:</b>	<b>6<sup>th</sup> &amp; 13<sup>th</sup> November 2024</b>	
<b>Venue:</b>	<b>Zoom Online Platform</b>	
<b>Times:</b>	<b>0930-1530 (both days)</b>	
<b>Places available:</b>	<b>12</b>	
<b>Fee/s:</b>	<b>NfP Members</b>	<b>£205</b>
	<b>Non-Members</b>	<b>£250</b>

*"Huge thank you to Shannon for her teaching for the two sessions; found it very interesting and enjoyable and loved the case studies and photos used to be able to put in practice! Brilliant Course."*

**This workshop is suitable for: HCAs, HCSWs, new Nurses etc...**

## Learning Outcomes / Workshop Objectives

1. To understand the function of the skin, including stages of wound healing and how this may be affected / altered.
2. Apply theory of wound healing to relevant, practical examples.
3. Outline types of wounds commonly seen in General Practice
4. Recognise appropriate dressings and understand how they may be utilised most effectively.
5. Develop understanding of skin closure methods and the theory of safe removal

## Day 1

- Understand basic Anatomy and Physiology of the skin
- Introduce wounds commonly seen within GP setting
- Identify stages of wound healing, and how to apply this in practice
- Wound assessment in primary care
- Recognition of wound infection
- Challenges of COVID
- Pressure Damage – assessment and equipment
- Emollients and barrier creams and their use in wound care
- Look at different dressings and when they might be beneficial
- Apply principles of dressings to wound bed preparation

## Day 2

- Revision of Day 1 and application to students own practice including case studies
- Wound closure removal in General Practice
- Understand leg ulcer aetiology and risk factors
- Apply leg ulcer management to leg ulcer pathways
- Understand use of compression in leg ulcer management (hoisery/wraps and bandaging)
- Look at different ways to provide compression
- Understand importance of appropriate compression to minimise risk of trauma
- Evaluations and Close

**Registered Office: Frome Medical Centre, Enos Way, Frome, Somerset, BA11 2FH**

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